



Fertility Options Seminar, Saturday, June 27, 2009

Please plan to join us for our series of educational seminars in 2009. Our second seminar of the year will take place on Saturday, June 27 at 10:00 am at the Renaissance Hotel located at 1230 S. Pine Island Rd. in Plantation.

Our team of experts will share with you the latest advances in reproductive medicine. You will have the opportunity to interact with various members of our practice and to learn more about the role of these important new advances in the success of your fertility treatment...so bring your questions. This event has limited seating. All registered couples will receive an initial consultation at no charge. Call today to R.S.V.P. 954-584-2273

Family Balancing: "It's a girl!" (or boy!)



Family balancing refers to a couple's ability to select the gender of their pregnancy at the outset of treatment. Most commonly, this technique is sought by couples who have already had one or more children of a particular gender and now wish to "balance" their families with a child of the opposite gender.

Because the sex of the sperm determines the sex of the embryo, fertilizing an egg with sperm from a sample concentrated for a given sex will skew the sex ratio of the resulting embryo. One can also examine the embryo via "preimplantation genetic diagnosis" (PGD) just 4-5 days following IVF, and only embryos of the desired gender are transferred back into the mother's womb. With this method, the likelihood of a pregnancy resulting in the desired gender approaches 100%. Interested couples should ask their physician whether they would be good candidates for family balancing.

Acupuncture and IVF – Does it help?



Many fertility programs offer acupuncture in conjunction with IVF treatment, but does it work? The single best study addressing that question was published in April 2002 in the journal *Fertility and Sterility*. In the study, half of the 160 women

undergoing IVF received acupuncture while the other half did not. The pregnancy rate in women receiving acupuncture was significantly higher than those that did not. Whether this is due to some physical benefit of the acupuncture itself or due to the psychological effects of acupuncture allowing patients to better cope with the stress associated with IVF is not known. However, in an effort to cater to the complete well-being of our patients we are proud to offer acupuncture at our clinic either by itself, or in conjunction with a treatment cycle. Ms. Andrea Schmutz is a licensed nurse, as well as a licensed acupuncturist. Please feel free to contact our office about scheduling an appointment with Andrea, or if you would simply like to find out more about acupuncture and what it may have to offer.



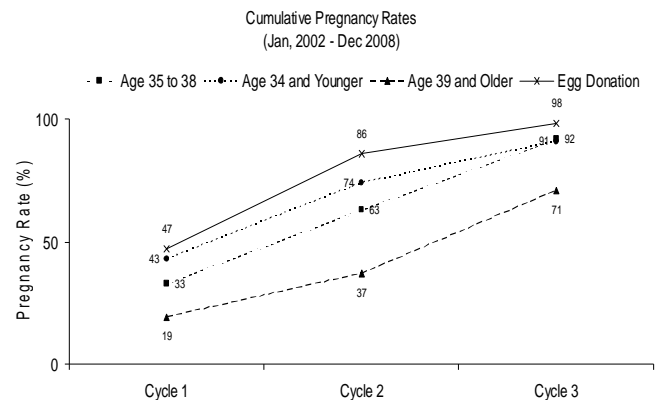
Overcoming Male Infertility

Male factors play a role in up to 40% of couples with infertility. These factors can include deficiencies in sperm number, development, and/or function. Numerous medical conditions which affect the male can affect sperm quality. If a male factor is found, it is important to undertake a full evaluation by a urologist, specifically one with

extensive background in issues of male infertility. We work in close conjunction with our urologist colleagues to overcome even the most severe cases of male infertility. These cases typically require a technique called Intracytoplasmic Sperm Injection or "ICSI", which involves taking a single sperm and injecting it directly into an egg. Using this technique, even men with just a few viable sperm are able to have biologic offspring. Contact our office if you have any questions regarding male factor infertility or if you would like us to recommend a urologist near you.

Fertility & Genetics: Proven Results

The Cumulative Pregnancy Rate best assesses the efficiency of fertility treatments. For this, the outcome of couples who continue on treatment until pregnancy is achieved is calculated. Results from our center for the period 2002-2008, show that in the vast majority of cases with up to three IVF cycles a viable pregnancy can be achieved. Likewise, in couples undergoing IVF with donor eggs, the cumulative viable pregnancy/live birth rate after two attempts approaches 90%.



Introducing "Mild IVF"

The Mild IVF program utilizes a combination of fertility medications that work together to bring about several mature eggs at greatly reduced dosages, monitoring requirements, and consequently, reduced costs as compared to the standard IVF protocols. Also, because each individual is different, it may take more than one attempt to bring about the desired number of eggs, and so our Mild IVF program allows for up to two attempts with no added professional fees. Perhaps best of all is that this program is being offered for just \$7,990 which includes all advanced IVF services such as ICSI fertilization and assisted hatching techniques. To find out if you qualify or for more information contact our office or arrange to meet directly with the physicians.

