

1-866-246-CARE (2273)

201 North Pine Island Road, Suite I, Plantation, FL 33324

info@care-life.com



PARTICIPANTS SOUGHT FOR EGG FREEZING STUDY

In today's world, women live intense and demanding lives by pursuing advanced degrees and very successful careers. They are faced with multiple opportunities, and as a result, many choose to start their families later than their predecessors. Unfortunately, when waiting longer to have children, they may face the real challenge of having successful, healthy pregnancies later in life. The 'biological clock' generally stops ticking in the late 30's or early 40's. Egg freezing technology offers women planning to have children after the age of 35 the opportunity to effectively slow down their biological clocks. This technology will provide women with the unparalleled chance to store their eggs during their reproductive prime for use when they wish to start or expand their families. We are recruiting patients interested in participating in our *clinical study on egg freezing*. Currently, patients considering IVF treatment may benefit from participating in this clinical trial as all stimulation medications are provided at no cost and significantly reduced fees apply. Our center is one of a few in the country with experience utilizing new freezing methods for human eggs and embryos. *For information and benefits of this clinical trial please contact our offices.*



EVALUATION OF THE MALE GOES BEYOND THE SPERM COUNT

A man's role in conception is generally considered as straight forward; however, male reproduction is a complex process that involves multiple steps influencing the production, maturation, delivery and ultimately the competence of sperm. Disruptions of any of these phases result in nearly 40% of all men of reproductive age being infertile; therefore, when a couple is having difficulty conceiving the male partner is also initially evaluated via a semen analysis (SA). Often times however, the SA does not provide all answers, as normally appearing sperm can have anomalies at the DNA level. The degree of DNA damage in sperm is a strong predictor of fertility potential. Advanced tests can measure the extent of DNA damage. Sperm with high levels of DNA damage have a lower probability of producing a successful pregnancy.



SCREENING THE EARLY EMBRYO BY PRE-IMPLANTATION GENETIC DIAGNOSIS (PGD)

Four years have gone by since the birth of the first baby conceived by PGD at our center and many more have arrived. With PGD both chromosome and single gene abnormalities can be detected in a single cell from a pre-embryo that is just 3 days old prior to embryo transfer and implantation. This procedure can be of tremendous benefit for couples with history of implantation failure, repeated miscarriages, previous aneuploid pregnancies, and those who are carriers of conditions at the gene level. Currently, PGD tests chromosomes X, Y, 13, 15, 16, 17, 18, 21 and 22. This is based on trisomies arriving to term (XY,13,18,21), those common in spontaneous abortions (16,22,15,21) and the most common aneuploidies found in day 3 embryos (22,16,21,15,17).

THE 4 "I's" OF HEALTHY COPING WITH INFERTILITY

Experiencing infertility is often very challenging and emotionally draining for most couples. If you are feeling overwhelmed by the process and unclear about the best way to navigate through the many options for treatment you are not alone. The 4 "I's" of healthy coping can help you to advocate for yourself and make the best decisions for your specific needs.



INTROSPECT: Start the process by looking inward. How are you feeling about your situation? Are you currently taking good care of yourself physically and emotionally? What is your goal? What steps are you willing to take to reach that goal? Do you have an internal timetable for how much time you are willing to commit to different treatment options?

INVESTIGATE: Now is the time to explore your treatment options. The most successful patients have educated themselves about their different possibilities for treatment. Speak to your doctor. Connect with other infertility patients through patient advocacy groups, such as RESOLVE (www.resolve.org), to learn about their experiences. Seek information for patients provided online by the American Society for Reproductive Medicine (www.asrm.org).

INTERVENE: Make a plan. Together, with your treatment team, you can determine the best course of action. It is then very empowering to begin treatment, as each step you take leads in the direction of achieving your goal.

INTERACT: This final step is very difficult for many people, but may be the most important for healthy coping. Spend time talking with your partner about non-infertility related topics. Reach out to friends and family to help maintain feelings of hopefulness and optimism throughout your treatment. Make time for hobbies, exercise and relaxation. Do something kind for your body, such as getting a manicure, massage or acupuncture.

By following these 4 "I's" you can better navigate your journey through infertility while maintaining a positive outlook and remaining hopeful of success in achieving your goals!



FREE EDUCATIONAL SEMINAR SATURDAY SEPT. 29th, 2007

A patient educational seminar is scheduled for Saturday, September 29th at 10:00 am. The location is The Renaissance Hotel, 1230 S. Pine Island Rd. in Plantation. Participant couples will have the opportunity to learn about current options in fertility therapy, latest treatment advances and current success rates. For directions, or to RSVP, please contact our offices by May 3rd at 1-866-246-CARE, or via e-mail at mgonzaless@care-life.com. SPACE IS LIMITED. *All pre-registered attending couples are eligible for a free consultation within 45 days.*